

## SUPPORTING GERONTOLOGICAL RESEARCH:

# **Frank Morgan Jones Fund**

2020 REPORT

### FRANK MORGAN JONES FUND

Foulkeways has been a staunch supporter of gerontological research at Penn Nursing since August 1989. As one of the Philadelphia region's premier senior living communities since 1967 (and one of the first Quaker Continuing Care Retirement Communities in the United States), Foulkeways has a vested interest in health and health care research carried out in the field of gerontology. Ensuring that people may live healthier, more independent lives as they age is critical for senior living facilities, and Penn Nursing is well known for its gerontological education and research—making the Frank Morgan Jones Fund and the cutting edge research that it funds an essential resource for the School.

Penn Nursing academic programs in Adult Gerontology train nurses to care for adults as they progress through their lives, including managed care of senescence—as we know that skilled, compassionate nursing care is important. Our School combines top-tier research with clinical practice. We offer the following Gerontology-focused graduate programs:

- 1. Adult Gerontology Acute Care Nurse Practitioner—Nurses in the Acute Care NP program work with patients throughout their adult lives and focus on providing treatment during medical emergencies and acute conditions.
- 2. Adult-Gerontology Primary Care Nurse Practitioner—The Primary Care NP program trains students to provide care to adults in both sickness and in health.

Awardees of Frank Morgan Jones Fund support dollars for research are not limited to those in our Nurse Practitioner programs, however. Funding may be awarded to investigators that are engaged as the lead researcher for a project, whether investigators are undergraduate, masters, or doctoral students; faculty; or post-doctoral researchers. Eligibility is entirely dependent on the research being gerontologically focused.

### FY20 AWARDEES

#### Erin Kennedy

"Determining Barriers to Achieving Optimal Post-Acute Care Destinations: A Retrospective Chart Review," \$5,000. Award period: 11/1/2019 – 10/31/2020.



Erin Kennedy is currently a first year PhD student—at the time of her Frank Morgan Jones Award (fall 2019) she was a pre-doctoral student. She currently assists the Nursing Informatics team at the Hospital of the University of Pennsylvania and has experience as a research assistant for clinical decision support and child passenger safety studies

at the Children's Hospital of Philadelphia. Erin was the recipient of the Mary Naylor Award for Undergraduate Research in 2019.

The grant for which she received funding from the Frank Morgan Jones Fund will be used to support dissertation research and a future career in improving healthcare quality and patient health outcomes during transitions in care through development and implementation of technologies.

Specific aims of the study:

- Aim 1: Describe and compare the outcomes (readmission rates, emergency department utilization) associated with agreement or disagreement between DIRECT advice and actual discharge destination.
- Aim 2: Determine the reasons for disagreement between DIRECT advice and actual discharge destination. Aim 3: Examine the association between poor discharge outcomes and patient refusal or insurance as barriers to post-acute care destination.

#### Liza Behrens

"Risk Perceptions and Cultural Influences of Nursing Home Residents Receiving Preference-based Care," \$9,994. Award period: 4/1/2020 – 3/31/2021.



Liza Behrens PhD, RN is a Post-Doctoral Research Fellow at the University of Pennsylvania School of Nursing, NewCourtland Center for Transitions and Health. She has more than 20 years of progressive experience providing nursing care to older adults in multiple care settings including psychiatric and medical hospitals, out-patient clinics, nursing homes, and home-based care.

The grant for which she received funding from the Frank Morgan Jones Fund in spring 2020 will be used to support a program of research that in the long-term seeks to facilitate the implementation of evidence-based, person-centered risk management strategies in the nursing home (NH) setting. The team's overall objective in this application is to determine what daily care preferences NH residents consider risky, how they characterize that risk, and how they would like to be involved in risk mitigation strategies. The team's rationale is two-fold, by identifying the opinions and attitudes of residents about how they perceive risks to their health and safety will 1) inform ways to better engage residents with ADRDs in decision-making around their daily care preferences; and 2) inform an intervention protocol to reduce the risk for negative health outcomes associated with honoring resident preferences for care and other activities.

Thus, the primary aim of this study is to explore the risk perceptions of NH residents associated with receiving preference-based PCC in NHs. This is based on preliminary data suggesting that consideration of a resident's preference and their ability to understand the potential risks associated with that preference influences nursing staffs' decision to honor the residents' choice.

### PAST AWARDEES

The Frank Morgan Jones Fund and Foulkeways have an incredible legacy of gerontological research that has furthered the field and resulted in findings that improve life for older adults. Funding has both given early career researchers at Penn Nursing a much-needed start that led to stellar careers in health and health care and provided funding to established Penn Nursing faculty and nurse-scientists to continue their work. In this section you will find a listing of all research grants awarded since 1989 as well as an update on awardees as available. Awardees are listed in alphabetical order.

#### Anna Beeber

"A Description of Enrollment in a Program of All-Inclusive Care for the Elderly (PACE)," \$5000. Award year: 2005.



Anna Song Beeber, PhD, RN, FAAN, is currently an Associate Professor Beerstecher-Blackwell Distinguished Scholar in the School of Nursing and a Research Fellow at the Cecil G. Sheps Center for Health Services Research at the University of North Carolina at Chapel Hill. She is a recognized leader in gerontological nursing and health services research. She is devoted to improving the quality and safety of long-term

care and enriching the quality of daily living for older adults residing in these settings. With funding from the John A. Hartford Foundation, Robert Wood Johnson Foundation, the National Institutes of Health, and the Agency for Healthcare Research & Quality, she has worked on large-scale studies aiming to examine the role of staff—nursing assistants, RNs, and LPNs in the quality and safety of health services provided in long-term care settings. She recently received a \$1.5 million grant from AHRQ to create an evidence-based toolkit to improve resident and family caregiver engagement in the safety of assisted living. Dr. Beeber is passionate about inspiring the next generation of nurse and interprofessional scholars to provide innovative care for older adults across care settings. Funding received through the Frank Morgan Jones Fund supported Dr. Beeber's dissertation work, which launched her research career. Funds not only helped her carry out her first study but also helped her establish a funding track record.

#### Jennifer Bellot

"Facilitators and Impediments to Nursing Home Culture Change: A Descriptive Multiple Case Study of Organizational Culture from the Perspective of Licensed Nurses," \$2500. Award year: 2006.

Jennifer Bellot, Ph.D., R.N., M.H.S.A., is an Associate Professor of Nursing at Thomas Jefferson University. In her first job as a staff nurse in a nursing home, Dr. Bellot noted the intense interplay of health policy and care provision in this highly regulated environment. Her passion for policy and health equity were further ignited. Today, Dr. Bellot combines her



commitment to quality geriatric care, Medicare and health policy and nursing leadership by using mixed methods to explore nurse managed care of the frail elderly in a non-acute setting. As a Nurse Faculty Scholar, Dr. Bellot will analyze the population of Medicare beneficiaries served by Nurse Managed Centers and evaluate the facilitators and barriers to full integration of Nurse Managed Centers as patient-centered medical homes for Medicare beneficiaries.

#### **Meg Bourbonniere**

"Analysis of Beliefs, Practices, and Outcomes of Restraint Use in Nursing Homes and Hospitals," \$5,600. Award year: 1999.

Meg Bourbonniere, PhD, RN is an Assistant Professor at University of Rhode Island and is the former Vice President for Nursing Research and Thomas Jefferson University Hospital.

#### **Kathy Bowles**

- "Decision Analysis of Hospital Discharge Referrals for the Elderly," \$5,000. Award year: 1999.
- "Exploring the Relationships of OASIS Data to Home Care Outcomes," \$5,424. Award year: 2002
- "Eliciting Patients' Preferences and Knowledge about Post-Acute Care," \$10000. Award year: 2014.
- "Decision Support: Optimizing Post-Acute Referrals and Effect on Patient Outcomes," \$10000. Award year: 2015.



Kathryn Bowles, PhD, RN, FAAN, FACMI, is Professor of Nursing and the Van Ameringen Chair at Penn Nursing and Director at the Center for Integrative Science in Aging. Dr. Bowles' program of research and expertise in transitional care, home care, and with the electronic health record has been continuously funded for 20 years by federal and

foundation sources. She has over 200 publications and presentations and she has served on many national committees and workgroups to advance the care of older Americans. She has served on the National Quality Forum, the Care Coordination Steering Committee and was a member of the Heath Information Technology Standards Panel (HITSP) Care Coordination Committee to identify standards for the electronic health record. She was an invited expert consultant for the Ministry of Health in Singapore on transitional care, gerontology, home care, information science, and telehealth. Kathy was an invited Consultant on the Technical Expert Panel to provide input on the Post-Acute Care Assessment instrument (CARE tool) mandated by Congress and funded by the Centers for Medicare Services (CMS). She was appointed to a CMS sponsored Technical Expert Panel to develop measures for transitions in care and was an invited consultant on the CMS sponsored Improving Safe Transitions Technical Expert Panel to develop standardized measures for improving continuity of care for Medicare beneficiaries transitioning between health settings. Kathy served as a workgroup member to recommend the standards for measuring functional status in the Continuity of Care Record for long term care services with the Center for Aging Services Technology and the American Health Information Management

Association. In 2011, Dr. Bowles Co-founded RightCare Solutions, a software company based on her team's research that provides an end to end solution for discharge planning and post-acute care referrals.

#### Kathy Bowles & Diane Holland

"Feasibility Testing of the Early Screen for Discharge Planning (ESDP) and the Discharge Decision Support System (D<sup>2</sup>S<sup>2</sup>) on Discharge Planning and Patient Outcomes," \$6800. Award year: 2009.



Diane Holland, PhD, RN currently serves on the faculty of the Mayo Clinic. She notes that ESDP has played a significant part of her research program. Because of its sound scientific basis, is it used nationally and internationally. It is also embedded in EPIC software and used throughout the Mayo Clinic Enterprise as well. She was granted fellowships in the Gerontological Society

of America and the American Academy of Nursing based on the significance of her research program at Penn Nursing.

See also: Kathy Bowles

#### **Christine Bradway**

- "Illness Narratives of Women with Long-Term Urinary Incontinence," \$4075. Award year: 2002.
- "Nurse Staffing Requirements for the Care of Obese and Non-Obese Nursing Home Residents," \$5950. Award year: 2011.
- Christine K. Bradway, PhD, RN, CRNP, FAAN is a Professor of Gerontological Nursing at Penn Nursing. She notes that funding received through the Frank Morgan Jones Fund was an early but very important step for her work. The first funding received was applied to her dissertation work; it helped her to transcribe interviews and complete her dissertation. The study was published in



two places. The second funding amount continued her work in urologic health for older persons and gave her the opportunity to expand beyond that area of focus to the broader area of obesity in nursing homes. Some of the data collected was used to write an editorial for *Research in Gerontological Nursing*, and it helped connect Dr. Bradway to her now longer-term collaborator/research partner Dr. Holly Felix. Drs. Bradway and Felix have continued to publish and work together with a goal improving nursing home care for persons with obesity. They currently have an AHRQ funded ROI to address this important issue.

#### **Harleah Buck**

"Preliminary Exploration of the Relationship between Health Related Quality of Life and Heart Failure Self-care in Older Adults," \$4540. Award year: 2010.



Harleah G. Buck, PhD, RN, FPCN, FAHA, FAAN is an Associate Professor of Nursing and Coordinator of Chronic Illness Initiatives at the University of South Florida. She received the Frank Morgan Jones Award in 2010 to fund her postdoctoral fellowship study exploring the relationship between health related quality of life and heart failure self-

care. While heart failure self-care was known to impact clinical outcomes, person centered outcomes had not been examined before. With money from the fund she was able to link the two vital concepts of quality of life and self-care. This seminal funding from the Frank Morgan Jones had a profound impact on her subsequent career in several ways. First, the Frank Morgan Jones was her first individual funding and led to other funding (11 grants to date) including foundation, National Institutes of Health, and National Science Foundation awards. Second, the paper that presented the main outcomes of the study have been cited by 90 other authors from around the world, providing evidence of the reach of this important paper. Because of the generosity of the funders of this award, the care for people with heart failure has improved worldwide.

#### Karen Buhler-Wilkerson

"Home-Care for the Elderly: Remembering the Past, While Anticipating the Future," \$2,500. Award year: 1996.

Completion of a book on the history of home care "No Place Like Home," (final editing costs) \$3,200. Award year: 2000.



The late Karen Buhler-Wilkerson, PhD, RN, FAAN and Director Emerita of the Barbara Bates Center for the Study of the History of Nursing at Penn Nursing (1996-2006) was a leading nursing historian with an international reputation.

Her dissertation and also her first book was published in 1984 entitled *False Dawn: The Rise and Decline of Public Health Nursing, 1900-1930.* Buhler-Wilkerson is best known for her

2001 award winning book, *No Place Like Home: A History of Nursing and Home Care in the United States*. A prolific scholar, she was twice awarded the Lavinia L. Dock Award for Exemplary Historical Research and Writing from the American Association for the History of Nursing (1989 and 2001). In addition, in 2000 Buhler-Wilkerson received the Agnes Dillon Randolph Award for Significant Contributions to the Field of Nursing History from the Center for Nursing Inquiry at the University of Virginia School of Nursing. She was a member of several associations, including the American Academy of Nursing and American Association for the History of Nursing.

She joined the faculty at the University of Pennsylvania in 1972, and spent 40 years teaching in the fields of home health care nursing and health care history. Buhler-Wilkerson was awarded the Christian R. and Mary F. Lindback Foundation Award for Distinguished Teaching in 2005. She, along with Mary Naylor, created the Living Independently for Elders Program (LIFE) in 1998. Among her many accomplishments, one of her lasting legacies is her involvement with the establishment of the Bates Nursing History Center in the mid-1980s. With support from then Dean, Claire Fagin, Buhler-Wilkerson along with Drs. Joan Lynaugh and Ellen Baer, created the now internationally renowned Barbara Bates Center for the Study of the History of Nursing. She was director of the Center for 10 years, from 1996-2006, when she retired.

#### **Eeeseung Byun**

"Caregiver Uncertainty and Stress in Response to a Loved One's Health Crisis: The Case of Stroke Survivor Caregivers," \$5000. Award year: 2011.

Eeseung Byun, PhD, RN is an Assistant Professor at the University of Washington School of Nursing. She received the 2019 Stroke Article of the Year Award from the American Heart Association Council on Cardiovascular and Stroke Nursing and Stroke Council for her article, "Depressive symptoms in caregivers immediately after stroke."



#### **Pamela Cacchione**

"Exploration of Safe Transporting on Vans for Older Adults to and from the LIFE Center: A Qualitative Pilot Study," \$3963. Award year: 2012.

"Individualized-Sensory Enhancement in the Elderly," \$10000. Award year: 2013.



Pamela Z. Cacchione, PhD, CRNP, GNP, BC, FGSA, FAAN is the Ralston House Endowed Term Chair in Gerontological Nursing and an Associate Professor of Geropsychiatric Nursing at Penn Nursing. She is well known for developing practical nursing interventions for older adults. Her goal is to improve vision, hearing, functional status, and mental

health. The evidence-based interventions developed by Dr. Cacchione are part of a program funded by the National Institute of Nursing Research called Individualized Sensory Enhancement for the Elderly. One intervention involves improving lighting by adding contrast to fixtures, large remote controls, and lighted magnifiers to enhance vision. Another uses pocket amplifiers to assist hearing, as well as to screen for seniors who may do well with hearing aids. She has also developed a sock that measures edema for use of patients with heart failure.

Dr. Cacchione is also a clinician educator who works as the director of research and as a nurse practitioner addressing the mental health needs of the older adults enrolled in Mercy Living Independently for Elders—West Philadelphia. A past president of the Gerontological Advanced Practice Nurses Association, Dr. Cacchione developed a proficiency statement for the top tier of advanced practice nurses caring for older adults.

#### **Roberta Cambell**

"Self-Care Ability in Elders Recovering from CAGB," \$2,500. Award year: 1996.

#### **Elizabeth Capezuti**

"Predictors of Elder Neglect: An Elder Mistreatment Nursing Problem," \$5,000. Award year: 1989

"The relationship Between Physical Restraint Use and Fall-Related Incidents/Injuries Among Nursing Home Residents," \$4,500. Award year: 1994.

"Analysis of Siderail Use in Hospitals," \$4,900. Award year: 2000.



Elizabeth Capezuti, "Effect of Nighttime Physical Restrain Reduction on Falls and Siderail Use Among Nursing Home Residents," \$3,000. Award year: 1998.

Elizabeth Capezuti, PhD, RN, FAAN is currently the William Randolph Hearst Foundation Chair in Gerontology and Professor at Hunter-Bellevue School of Nursing, the flagship

nursing school of The City University of New York. Dr. Capezuti is part of a multidisciplinary, multi-institutional research team that is developing and testing an educational and technological model to improve sleep regulation among persons receiving hospice or palliative care services. She has is also part of an academic-community partnership in East/Central Harlem New York that utilizing a community-based participatory research framework that aims to improve access to palliative care in underserved communities.

#### Jo-Ana Chase

"Physical Functioning Trajectories among Racially and Ethnically Diverse Older Adult Home Health Care Recipients: A Pilot Study," \$10000. Award year: 2015.

Jo-Ana D. Chase, PhD, APRN-BC is an Assistant Professor at the University of Missouri Sinclair School of Nursing. At the time she received funding through the Frank Morgan Jones Fund she was a postdoctoral fellow working with Dr. Kathryn Bowles at Penn Nursing. With this funding she led an interdisciplinary research team to examine differences in physical functioning outcomes among racially/ethnically diverse older adults who received



home health care services following a hospitalization. Although they found that most older adults improved in functional status from home health care admission to discharge, the extent to which individuals improved varied across racial/ethnic groups. In fact, compared to non-Hispanic White older adults, Asian, African-American, and Hispanic older adults experience significantly less improvement in functional status. They also found that African American and Hispanic patients in their sample experienced significantly higher odds of rehospitalization and emergency room use. These disparities remained significant even after accounting for individual patient differences. Importantly, this study has provided the basis for their current efforts to seek additional, external funding to investigate these health disparities further. In addition to supporting the necessary preliminary work for future research, one of the most important results of this funding is that it facilitated collaboration with the Visiting Nurse Service of New York (VNSNY), the nation's largest home health care agency.

To this day, the doors that this funding and Dr. Chase's postdoctoral training opened has led to many more successful, collaborative interdisciplinary projects as an Assistant Professor at the University of Missouri. Specifically, in the years since receiving support from the Frank Morgan Jones Fund, Dr. Chase was funded for two additional studies in collaboration with VNSNY, resulting in several additional publications and research presentations. Undoubtedly, the Frank Morgan Jones Fund has been and continues to be instrumental to her development and success as a nurse scientist.

#### **Eunhee Cho**

"The Effects of Informal Caregivers on the Outcomes of Older Adults Receiving Home Health Care," \$2500. Award year: 2004.

Eunhee Cho, PhD, CRNP, RN is an Associate Professor, College of Nursing, Yonsei University; Associate Dean, Graduate School of Nursing, Yonsei University; Vice Director, Division of Medical Science Research Affairs, Yonsei University Health System; and Senior Fellow, Center for Health Outcomes and Policy Research, University of Pennsylvania School of Nursing.



Dr. Cho's research focuses on health outcomes and the contributions of the nursing workforce in various care settings including acute hospitals and long-term care settings. She is particularly interested in examining the health outcomes of older adults receiving long-term care services. Dr. Cho directed a pilot study of the nursing workforce in South Korea

collaborating with CHOPR (2007-2008). As a principal investigator, she has received several Korean National Research Foundation grants to examine the effects of the nurse practice environment and nurse staffing on nurse and patient outcomes in Korean acute hospitals (2009–2011) and in Korean long-term care facilities (2014–2017).

#### **Christopher Coleman**

"Reducing HIV Transmission Behaviors among HIV Seropositive African American Men Fifty Years and Older," \$7500. Award year: 2007.

Christopher Coleman, PhD, MPH, FAAN, PMHCNS-BC is an Associate Dean and Professor at the Indiana University School of Nursing, Fort Wayne Campus. His research focuses on understanding factors that influence health-promoting behaviors of HIV infected middle-aged and older African American men and HIV risk factors among vulnerable



populations. Additionally, he is interested in symptom management strategies used by HIV infected populations. Dr. Coleman has served as PI and Co-I on Federal research grants, foundations, and intramural funding. His program of research collectively makes a substantial and significant contribution towards reducing the transmission of HIV/AIDS to the general public in particular African American MSM and women where rates have exceeded some third world countries. His work has been published in leading peer review journals to multidisciplinary audiences and presented regionally and nationally.

Additionally, his work has been cited in interdisciplinary journals such as AIDS Patient Care and STDS, Clinical Psychology-Science and Practice, Journal of General Internal Medicine, Vaccine, AIDS Education and Prevention, and Ethnicity & Disease, as well as top tier nursing journals, including Nursing Research, Journal of Advanced Nursing, Journal of Nursing Scholarship, and Advances in Nursing Science.

#### Valerie Cotter

"Does an Early State Support Group Affect AD Patients' Quality of Life Coping Strategies, Depression, and Insight?" \$7,235. Award year: 2002

Valerie Cotter, DrNP, MSN, RN, FAANP, FAAN, AGPCNP-BC, CRNP is Associate Professor at the Johns Hopkins School of Nursing. Dr. Cotter worked with the Alzheimer's Association of the Delaware Valley in 2005 to start the



first specialized support group for people with early-stage dementia.

#### Valerie Cotter & Lois Evans

"Designing a Framework and Exemplar for Clinical Guideline Development to Foster the Translation of Evidence-Based Practice," \$4102. Award year: 2004.

See also: Lois Evans

#### Norma Cuellar

"A comparison of Idiopathic and Secondary Diagnosis of Elder Persons with Restless Legs Syndrome (RLS)," \$4183. Award year: 2003.

"Genetic Variance of RLS in persons with Type 2 Diabetes," \$7220. Award year: 2008.

Norma G. Cuellar, PhD, RN, FAAN is a Professor at the University of Alabama Capstone College of Nursing. She has taught since 1989 in a variety of nursing programs. Her focus in teaching has been leadership, research, gerontology, and sleep.



Dr. Cuellar is currently the editor in chief of the Journal of Transcultural Nursing. Dr. Cuellar has published in peer review journals as well as several book chapters related to her research area: Restless Legs Syndrome, Sleep, Complementary and Alternative Health Care.

#### Deborah D'Avolio

"Factors Influencing Inner City Older Adults' Non-Urgent ED Visits," \$6,491. Award year: 2007.



Deborah D'Avolio, PhD, BC-ACNP, ANP is an Associate Professor at Florida Atlantic University's Christine E. Lynn College of Nursing. She has a background in Gerontological Research, with specific training and expertise in key research and practice areas. Dr. D'Avolio's research and career have been dedicated to the unmet health care needs of vulnerable older adults and infusing geriatrics into interprofessional education. She has been involved in graduate and doctoral

level curriculum development, health care systems' program development, research and policy development to improve the care of older adults.

#### Janna Dieckmann

"Caring for the Chronically III: Philadelphia, 1945 – 1965," \$5,000. Award year: 1994.

Jenna Dieckmann, PhD, RN is an Associate Professor at UNC Chapel Hill School of Nursing, where she teaches public health nursing, health promotion, and health policy.



#### **Mary Ersek**

"Pilot Test of a Pain Model for Persons with Advanced Dementia: Focus on Instrumentation," \$7500. Award year: 2009.

"Palliative Care Consultations for Persons with Advanced Dementia in the Medicare Skilled Nursing Setting," \$10000. Award year: 2017.



Mary Ersek, PhD, RN, FPCN is the Killebrew-Censits Chair in Undergraduate Education and a Professor of Palliative Care at Penn Nursing. She used findings from the Frank Morgan Jones-funded pilot as preliminary data for a successful grant application that was funded by the Veterans Health Administration Health Services Research & Development Office (Grant No. 1101HX000507) entitled, *Development of* 

*a Multidimensional Pain Measure for Persons with Dementia*. The research team developed and tested a brief instrument to assess pain in people with advanced dementia (the PIMD) in over 200 residents across 16 nursing facilities. Her team completed the VA study in 2017 and to date have published four peer-reviewed papers related to the study.

#### Lois Evans

"Collaborative Assessment and Rehabilitation for Elders (CARE) Program," Startup, \$5,000. Award year: 1993.

"A Clinical Database to Facilitate Research with Frail Older Adults," \$2,820. Award year: 2002



Lois Evans, PhD, RN, FAAN is Professor Emerita of Nursing at Penn Nursing. During Dr. Evans' tenure as Family and Community Health Division Chair at Penn Nursing, she facilitated the development and implementation of a faculty mentorship program. Within the University, she provided interprofessional leadership in efforts related to aging and to faculty diversity.

See also: Neville Strumpf and Lois Evans Cynthia Scalzi & Lois Evans Valerie Cotter & Lois Evans

#### **Audrey Gift**

"Symptoms and Functional Status Before and After Pulmonary Rehabilitation and Surgery," \$5,000. Award year: 1995.



Audrey Gift, PhD, RN, FAAN is Professor Emeritus at Michigan State University, as well as the former Dean of the Doctoral Program and Research. Dr. Gift and her colleague Dr. Linda Pugh combined the concepts of dyspnea and fatigue, finding many similarities regarding these two symptoms. Their research was critical to the development of the Theory of Unpleasant Symptoms, a

middle-range theory that portrays the multidimensionality of symptoms, the relationships, and the potential stimulation between them. According to the theory, the development of a symptom is preceded by the interaction between the antecedent factors that can be physiological, psychological and situational.

#### Deanna Gray-Miceli

"Post-Fall Assessment: Development and Validation of a Tool for Use with Older Adults in Nursing Homes," \$2615. Award year: 2003.

Deanna Gray-Miceli, PhD, GNP-BC, FGSA, FNAP, FAANP, FAAN is Professor, College of Nursing, Thomas Jefferson University and Director of Implementation Science and Deputy Director, Jefferson Center for Injury Research and Prevention. She notes that receiving the Frank Morgan Jones funds in 2003 was both timely and critical to her mission to



reduce falls through translational research in tool development. Funds allowed, in part, for the support of urgently needed translational research which included: content validity, reliability and item analysis testing of content within the post fall assessment tool. As this research evolved Dr. Gray-Miceli learned how to develop and validate the psychometric properties of the tool. This is a skill she continues to use today as she develops other technological innovations for falls prevention. The research leading to development and validation of content contained on the tool is significant as one of the first nurse-driven comprehensive post fall assessment tools used by staff nurses in long-term care.

Shortly after receiving the Frank Morgan Jones funds in 2003, and parallel to conducting the research, Dr. Gray-Miceli was appointed to the New Jersey Department of Health and served as the led falls prevention consultant, responsible for the development of statewide interventions capable of reducing falls for older adults across long term care and acute care settings. She is among a small hand full of dedicated academic clinical scholars and nurse scientist who have created, along with a collaborating team, the evidence base for comprehensive post fall assessment of older adults through original research which began when Dr. Gray-Miceli was a John A. Hartford Post-doctoral Scholar at Penn Nursing.

#### **Sherry Greenberg**

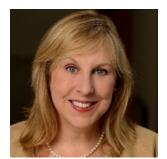
"Fear of Falling Among High-Risk, Urban, Community-dwelling Older Adults," \$5000. Award year: 2012.

Sherry Greenberg, PhD, RN, GNP-BC, FGSA, FAANP, FAAN is an Associate Professor at Seton Hall University's College of Nursing. She has worked as a certified gerontological nurse practitioner in acute, long-term care, and outpatient primary care practices and has taught at undergraduate and graduate nursing levels. Research has focused on fear of falling among older adults and the relationship with the neighborhood built environment.

Dr. Greenberg is a nurse practitioner faculty consultant on the Institute for Healthcare Improvement's Age-Friendly Health Systems Action Community initiative and is Editor-in-Chief of the Hartford Institute for Geriatric Nursing's *Try This:*<sup>®</sup> series that promotes evidence-based assessment practices and approaches to care of older adults. Dr. Greenberg currently serves as President-Elect on the Board of Directors of the Gerontological Advanced Practice Nurses Association and as a member of the Jonas Scholars Alumni Council. She is a member of the Gerontology & Geriatrics Education Editorial Board and a peer reviewer for multiple journals.

#### Nancy Hodgson

"Expectations and Experiences with Prescribing Clinicians (Nurse Practitioners and Physicians) among Patients with Alzheimer's Disease and Related Dementias Receiving Post-Acure Care in Skilled Nursing Facilities and Their Caregivers," \$5000. Award year: 2017.



Nancy A. Hodgson, PhD, RN, FAAN is the Anthony Buividas Term Chair in Gerontology and Associate Professor of Nursing at Penn Nursing. She is also the co-founder of the Palliative Care Program at the Madlyn and Leonard Abramson Center (formerly the Philadelphia Geriatric Center)—one of the first nursing-home based palliative care

programs in the nation.

Moving evidence-based dementia care into practice and understanding the physiological mechanisms of effective behavioral interventions are the current

focuses of Dr. Hodgson's research. In one project, funded by the National Institute on Aging, she is preparing to scale up an evidence-based program called Project Cope in adult day care centers. Originally designed to minimize caregiver burden at home, Project Cope sent nurses and occupational therapists into the homes to help caregivers and engage people with dementia in meaningful activities tailored to their abilities.

After a pilot study demonstrated that the right timing of activities improved sleep by one hour and statistically significantly reduced the number of night awakenings, Dr. Hodgson and colleagues are working on a larger randomized controlled trial funded by the National Institute of Nursing to determine the optimal timing of activities to induce a normal circadian process in people with dementia who live at home and have sleep disturbances. The researchers will use saliva to measure stress hormones and actigraphs to measure sleep in participants who will be randomized to intervention and control groups. Students participate in many aspects of Dr. Hodgson's research, from helping to develop study measures to working with participants and doing data entry and analysis.

#### Nancy Hodgson & Anne Power

"Developing a Palliative Care Program in the Nursing Home: An Ethnographic Study," \$4,855. Award year: 2002

See also: Nancy Hodgson

#### **Arlene Houldin**

"Psychological Interventions for Older Hip Fracture Patients," \$5,000. Award year: 1989

Arlene Houldin, PhD, RN is now the Executive Director of HEAL (Holistic Enrichment of Adult Living.

#### **Elliane Irani**

"Exploring Nurse Decision Making Regarding the Development of and Process for Implementing the Visit Plan for Home Health Patients," \$7500. Award year: 2016.

Elliane Irani, PhD, RN is a postdoctoral fellow at Case Western Reserve University

#### Sarah Kagan

"A program to Develop Continuing Research in Gero-Oncology: Delineation and Management of Symptoms Experienced by People With Head and Neck Cancer," \$7,500. Award Year: 2001

Sarah Kagan, PhD, RN, FAAN is the Lucy Walker Honorary Term Professor of Gerontological Nursing at Penn Nursing. Dr. Kagan combines evidence and relationships to help older people manage health concerns, feel better, and achieve a sense of wellness. She specializes in working with older people living with cancer, which is under-addressed in



nursing despite the increasing number of older adults for whom cancer is now a chronic disease.

Dr. Kagan says that receiving Frank Morgan Jones funding launched a critical element in her scholarly career. The funding informed a number of publications, spanning several years. Perhaps more critically, and most powerfully for Dr. Kagan, the funding allowed her to advance her approach to understanding the experience of and improving cancer care for older people. The Frank Morgan Jones funding was the first which enabled a disease specific focus while enabling her to continue emphasizing the centrality of the older person. That she received the funding just two years before being named a John D. and Catherine T. MacArthur Fellow is not, from her vantage point, coincidental. The funding provided instrumental support important to the evolution of her scholarship as well as to the project.

#### Sarah Kagan & Ara Chalian

- "Theoretical Interrelationships Among Gender, Age, and Aesthetics in Reconstructive Surgery for Head and Neck Cancer," \$2,000. Award year: 1998.
- "Evidence-Based Collaborative Care of Patients with Head and Neck Cancer: Management of Donor and Primary Site Morbidity After Reconstructive Surgery," \$2,500. Award year: 1999.

See also: Sarah Kagan

#### Youjeong Kang

"Patient Characteristics Associated with Rehospitalization in Medicare Recipients with Heart Failure Receiving Telehomecare," \$6404. Award year: 2013.

Youjeong Kang, PhD, MPH, CCRN, is an Assistant Professor, College of Nursing at the University of Utah. She teaches in the nursing informatics program. Dr. Kang has studied geriatric population with heart failure, and their characteristics associated with rehospitalization. In particular, she is interested in how pain and co-occurring symptoms are associated with rehospitalization among geriatric population with heart failure.

#### Anne Keane

"Nursing Care for the Elderly Trauma Patient," \$5,000. Award year: 1989



Anne Keane, EdD, CRNP, FAAN, RN is an Associate Professor Emerita of Nursing at Penn Nursing; she also served as the academic dean at Edinboro University of Pennsylvania. Dr. Keane is well known at Penn Nursing for developing the Tertiary Nurse Practitioner program, one of the first acute care nurse practitioner programs in the country, utilizing her

expertise with acute care nurse practitioners and advanced practice nursing. Her varied efforts in the field of nursing have been recognized through many awards and honors, including the Villanova University College of Nursing Medallion for Distinguished Contributions to the Profession and the United Way of Southeastern Pennsylvania Service to the Community Award.

#### **Stacen Keating**

"Psychometric Testing of Barriers to Health Care Scale," \$625, Award year: 2006.

Stacen Keating is a Clinical Assistant Professor at the NYU Rory Meyers College of Nursing. Her current work involves building global nursing education equity through involvement with Nurses International, a 501c3 start-up organization, developing open access curricula for multiple levels of nursing education. Dr. Keating has focused on improving health globally by developing resources and materials to achieve nursing education equity.

#### Joseph H. Kelly

"The Relationship Between Home Health Services Utilization and Patient Discharge Outcomes in Medicare Beneficiaries," \$2,500. Award year: 1992.

#### **Tae Young Kim**

"Knowledge Discovery Modeling to Support Clinical Decision Making in Predicting Hospital Acquired Pressure Ulcers," \$3125. Award year: 2005.



Tae Youn Kim, PhD, RN is an associate professor at the Betty Irene Moore School of Nursing at UC Davis, where she teaches, conducts research and mentors students in the area of health informatics. Kim applies her informatics expertise to maximize the utility of technology in improving health, by integrating health-care knowledge into clinical applications and generating

new knowledge using advanced analytical methods. She has been published in the Journal of Biomedical Informatics, the International Journal of Medical Informatics and Informatics for Health & Social Care, among other academic journals.

#### Eun-Hi Kong

- "Non-pharmacological Intervention for Agitation in Dementia: Meta-Analysis (Pilot I)," \$1500. Award year: 2004.
- "The Lived Experiences of Korean Immigrant Caregivers After Nursing Home Placement of their Elderly Non-English Speaking (NELS) Relatives with Dementia (Pilot II)," \$1500. Award year: 2005.
- "How do family caregivers' beliefs about dementia differ among Caucasian Americans, Korean Americans, and Koreans?" \$5000. Award year: 2007.

#### Lenore Kurlowicz

"Self-Efficacy, Functional Ability, and Depressive Symptoms in Older Patients After Hip Surgery," \$4,500. Award year: 1994.

The late Lenore Kurlowicz, PhD, RN, CS was appointed assistant professor of geropsychiatric nursing—clinician educator at Penn Nursing in 1997 and was then promoted to associate professor in 2007. In addition to serving on the Penn Nursing faculty, Dr. Kurlowicz also attended Penn as a student, earning her B.S., M.S., and Ph.D. from Penn Nursing. Her clinical scholarship and teaching focused on the study of the theory and clinical treatment of geriatric psychiatric mental health with a focus on depression and other cognitive status changes in older adults. She published widely on the assessment and treatment of depression, including the benefits of psychiatric nurse interventions for older hospitalized patients. Dr. Kurlowicz was a fellow of the American Academy of Nursing.

#### Lisa Lewis

"Hypertension African-American Elders Use of Spirituality in the Decision to Adhere to Anti-hypertension Medication," \$4900. Award year: 2005.

Lisa Lewis, PhD, RN is an Associate Professor of Nursing and Assistant Dean for Diversity and Inclusivity at Penn Nursing as well as a Calvin Bland Fellow at the University of



Pennsylvania. Through earlier research, including research funded through the Frank Morgan Jones Fund, Dr. Lewis learned that beliefs, not lack of knowledge, are the main barriers to medication adherence. Common perceptions among Blacks include that the hypertension medicines their doctor gives them might be experimental or that white people get better medicines than they do.

Dr. Lewis also learned that spiritual beliefs and faith help Blacks navigate the challenges associated with managing blood pressure. In a church-based program that she started at Mother Bethel African Methodist Episcopal Church in downtown Philadelphia, both the control and experimental groups had better medication adherence. The control group received basic information on managing hypertension, and the experimental group received a faith-based curriculum. Her current research, conducted under an NIH grant, focuses on medication adherence in Black men, who are more likely than Black women and white people to die from cardiovascular disease.

#### Joseph Libonati

"Can Fish Oil Supplementation Offset Hypertension-induced Cardiac Hypertrophy in Aging?" \$7500. Award year: 2009.

Joseph R. Liponati, PhD, FAHA is an Associate Professor of Nursing at Penn Nursing. He is also director of Penn Nursing's Laboratory of Innovative and Translational Nursing Research, where he investigates how exercise training affects the heart in numerous cardiovascular disease states, including myocardial infarction (and post-myocardial infarction), hypertension, and cardiotoxicity from the chemotherapy medication doxorubicin. His background as a clinical exercise physiologist benefits his role as a leader of translational research, as he brings firsthand experience with cardiac rehabilitation patients to the laboratory.

#### Yu Ru Lin

"The Impact of the Prospective Payment System on Psychiatric Home Health Care for Depressed Older Adults," \$4105. Award year: 2004.

#### **Ruth P. Lopez**

"An Investigation of Feeding Decisions by African American and White Surrogate Decision Makers for Nursing Home Residents with Advanced Dementia," \$5000. Award year: 2007.



Ruth P. Lopez, PhD, GNP-BC, is a Professor at the University of Tennessee at Knoxville College of Nursing. Since receiving the Frank Morgan Jones funding she has continued to study end-of-life care for nursing home residents with advanced dementia. As a result of this initial investment her work has influenced policy statement about the use of feeding tubes

both nationally and internationally. In addition, she recently received a nearly \$3 million dollar grant from the National Institute on Aging to conduct a large qualitative study of variations end-of-life care regionally and racially. She notes that she truly appreciates the "kick-start" that this grant gave her.

#### **Marjorie Marenberg**

"Discharge Patterns of Fallers Who Present to the Emergency Room," \$960. Award year: 2003

#### Kathy McCauley & Mary Naylor

"Evaluating the Effectiveness of an Online Educational Program to Train Nurses in the Implementation of the Transitional Care Model," \$7850. Award year: 2010.

See also: Mary Naylor

#### Anne McGinley & Terri Lipman

"Evaluation of the Accuracy of Height Assessment in Pre-Menopausal Women," \$5,000.55. Award year: 2002.

Terri Lipman, PhD, CRNP, FAAN is the Miriam Stirl Endowed Term Professor of Nutrition, Professor of Nursing of Children, Assistant Dean for Community Engagement, and the Interim Program Director, Pediatric Acute Care Nurse Practitioner Program at Penn Nursing. Anne McGinley, PhD, RN, APN-C served as the Dean of nursing, health science and human



services at Camden County College for four years before moving on to providing consulting services in nursing and higher education.

Dr. Lipman says that the funding received through the Frank Morgan Jones Fund enabled her to evaluate her linear growth assessment program in a unique population that was very unfamiliar to her. As noted, she is a pediatric nurse, and her research is focused on the pediatric population. She was committed to studying the accuracy of linear measurement in children—the single most important indication of the health of a child. After the pediatric data on measurement inaccuracy in children were published, a colleague suggested that she should also study measurement practices of menopausal women. Loss of stature is an indication of osteoporosis and the need for hormone replacement therapy. In a population of women measured in a gynecology practice, their data demonstrated that 94 percent of measurements were inaccurate. Accurate linear measurements must be obtained to allow for valid clinical decisions regarding the need for hormone replacement therapy based on loss of stature of menopausal women. The support of the Jones funding was essential in providing these crucial data.

#### **Matthew McHugh**

"The Effect of Nursing on Hospital Efficiency and Outcomes among Older Adults with Heart Failure," \$5000. Award year: 2011.



Matthew D. McHugh, PhD, JD, MPH, RN, CRNP, FAAN is the Independence Chair for Nursing Education, Professor of Nursing, Associate Director of the Center for Health Outcomes and Policy Research, and Faculty Director of the Nursing and Health Care Management Coordinated Dual Degree Program at Penn Nursing. The Frank Morgan Jones Funding set him on a path of answering important

questions about how best to leverage nursing resources to improve outcomes for older adults. Dr. McHugh was able to conduct key preliminary studies which resulted in multiple publications focused on the relationship between nurse staffing and work environments, and readmissions among Medicare beneficiaries. This was the first evidence showing that hospital investments in nursing resources translated into fewer readmissions as well as avoided financial penalties for hospitals from the Centers for Medicare and Medicaid Services. Dr. McHugh also leveraged the findings from this pilot into his first major grant (R01) focusing on these relationships and multiple grants and publications since then.

#### **Cheryl Monturo**

"Preferences for Artificial Nutrition: An Examination of Older Veterans," \$7500. Award year: 2007.

Cheryl Ann Monturo, PhD, MBE, ACNP-BC is a professor of Nursing at West Chester University and a senior nurse scientist at Chester County Hospital.

#### Mary D. Naylor

"Supplemental Grant for Comprehensive Discharge Planning for Hospitalized Elderly," \$1,840. Award year: 1989.

"Home Follow-up of Elderly Patients with Heart Failure," \$5,000.

"Individualized Care of Patients with Alzheimer's Disease: A Pilot Study," \$5,000. Award year: 1996.

Continuation of "Individualized Care for Persons with Alzheimer's Disease and Their Families," \$5,000. Award year: 2000.

Mary D. Naylor, PhD, RN, FAAN is the Marian S. Ware Professor of Gerontology and Director of the NewCourtland Center for Transitions and Health at Penn Nursing. She is a pioneer in the design, evaluation, and spread of health care innovations that have significantly improved the outcomes of chronically ill older adults and their family caregivers, while reducing health care costs. In

collaboration with a multidisciplinary team of clinical scholars and health services researchers, her work has resulted in the Transitional Care Model, a cost-effective advanced practice nurse-led model to improve the transitions of older adults who are navigating complex and often fragmented systems of care.

#### Mary Naylor & Kathy Bowles

"Individualized Care of Patients with Alzheimer's Disease and Their Caregivers," \$4,500 (extension). Award year: 1998.

#### See also: Mary Naylor

#### Linda O'Brien

"Nursing Home Residents' Perceptions of Dying," \$3,000. Award year: 1994.

#### Melissa O'Connor

"The Impact of Length of Stay and Number of Nursing Visits on Hospitalization Following Home Care Discharge," \$5000. Award year: 2011.

Melissa O'Connor, PhD, MBE, ACNP-BC is an Associate Professor of Nursing of nursing with tenure at Villanova University's College of Nursing and has been recently named a Fellow in the Gerontological Society of America (2019) and a

Distinguished Educator in Gerontological Nursing (2018) by the National Hartford





Center for Gerontological Nursing Excellence. She currently serves as the Chair of the Board of Trustees for the Visiting Nurse Association of Greater Philadelphia. Since completing her PhD in 2012, she has several published peer-reviewed papers and several new funded research studies that have allowed her to continue the work funded through the Frank Morgan Jones Fund. That work was awarded the Marion Gregory Award (distinguished doctoral dissertation that promises a significant impact to nursing knowledge) at Penn Nursing's convocation in 2012. The study was published in 2015 in *Research in Nursing and Health*. Also in 2015, the publication that resulted from the study was awarded the Springer Publishing Company Geriatric/Gerontological Nursing Award for a distinguished published research manuscript.

**Geri Paier**, "Development of an Inventory of Functional Status in the Elderly," \$1,840. Award year: 1989.

Jeannie Pasacreta, "The Prevalence of Depression in Patients with Breast Cancer with a Sub-sample of Women over the Age of 60," \$3,778. Award year: 1989.

Currently, Jeannie Pasacreta, PhD, APRN is CEO of Integrated Mental Health Services LLC in Newtown, Connecticut. She previously served as an Associate Professor of Nursing at University of Connecticut and Yale University School of Nursing. Dr. Pasacreta has made significant contributions to psychiatric practice, research, education, and advocacy. She has received funding at the



federal, state and foundation level completing numerous research and training grants with many peer-reviewed publications to her credit.

#### **Joanne Patterson**

"Urinary Incontinence and Quality of Life in Community Dwelling Older Men: Developing a Measure," \$3,500. Award year: 1996.

#### Kara Pavone

"Postsurgical ICU Delirium in Older Adults," \$3500. Award year: 2018.

Kara Pavone, PhD, RN is a tenure-track Assistant Professor at Northeastern University, Boston, MA. Funding from Frank Morgan Jones Fund was used to fund her dissertation research project. The purpose of this study was to evaluate a nurse-led intervention on the duration of delirium and patient outcomes in critically ill patients identified as having delirium in the surgical intensive care



unit (SICU) aged greater than or equal to 65 years. The results of this study concluded that the incidence of delirium reported (33 percent) in the SICU was far lower than previous reports in the literature among other ICU settings which range from 50-80 percent. In addition, her team reported that opioid use was significant in predicting next-day delirium status. Dissemination of these findings will be presented in two manuscripts. This research grant provided her with financial resources necessary to procure statistical training and support. Statistical support was essential to completing this study. Furthermore, this funding assisted Dr. Pavone in building a strong foundation of statistical methodology essential for continued success in her academic career.

#### **Darina Petrovsky**

"The Feasibility of a Tailored Music Intervention to Reduce Symptoms of Sleep Disruption in Older Adults with Dementia," \$9974.50. Award year: 2018.



Darina Petrovsky, PhD, RN is a postdoctoral research fellow at Penn Nursing. Her unique background in music training and nursing science has positioned her well to launch her research career with the goal of improving the lives of older adults living with cognitive impairment using non-pharmacologic approaches. She was a Ruth L. Kirschstein NRSA Pre-Doctoral Fellow (F31 AG055148)

and her past accomplishments include being selected as a 2014-2016 National Hartford Centers of Gerontological Nursing Excellence Patricia G. Archbold Scholar and 2014-2016 Jonas Nurse Leader Scholar.

#### **Usavedee Praditkul**

"Self-Care and Dependent-Care Experiences of Elders Recovering from CABG in Thailand," \$3,450. Award year: 1998.

#### Judith L. Reishstein

"The Relationship among Sleep, Breathing, and Neurobehavior in COPD," \$2441. Award year: 2005.

#### **Therese S. Richmond**

"An Analysis of Injuries and Their Outcomes in the Elderly Population in the Commonwealth of Pennsylvania," \$4,750. Award year: 1998.

Therese S. Richmond, PhD, RN, FAAN is Andrea B. Laporte Professor of Nursing and Associate Dean for Research & Innovation and Penn Nursing and Professor of Nursing in Surgery at Perelman School of Medicine. Dr. Richmond is passionate about using nursing science to prevent injury and violence and improve outcomes, particularly in patients from vulnerable urban populations worldwide –



those who live on the margins of society, have limited resources, or live in pervasively violent communities. An early clinical position in a Washington, DC, trauma ICU and resuscitation unit sparked Dr. Richmond's interest in preventing injuries, and her curiosity about survivors' quality of life. This experience led to specialization in nursing care for victims of injury and violence, including cofounding the Firearm & Injury Center at Penn two decades ago and which now is a vibrant interdisciplinary research center: the Penn Injury Science Center.

#### **Barbara Riegel**

"Relationships among Sleepiness, Cognition, Mood, and Self-Care in Persons with Heart Failure," \$7,000. Award year 2003.

"Post-Intensive Care Syndrome (PICS) Among Older Adults Receiving Home Care: A Feasibility Study of Sepsis Survivors," \$7500. Award year: 2016.



Barbara Riegel, PhD, RN, FAAN, FAHA is the Edith Clemmer Steinbright Professor of Gerontology and a Facilitator, Biobehavioral Research Collaborative at Penn Nursing. She notes that the grant from Frank Morgan Jones received in 2003 funded a study focused on sleep and self-care in adults with chronic heart failure. From that early experience she learned much about issues of

sleep quality in this specific patient population. Although most clinicians focus on obstructive sleep apnea, Dr. Riegel learned that insomnia is also common in heart failure and many other older adult populations. In 2009 she was awarded a grant to study the *Impact of Sleepiness on Heart Failure Self-care* (R01HL084394). This study yielded eight publications and attracted several predoctoral students and post-doctoral fellows to work with her. In 2016 she was designated as training faculty on a Perelman School of Medicine training grant in sleep (T32HL007953). She is currently a co-investigator on three active sleep grants, and she continues to incorporate measures of sleep in her ongoing research.

#### **Eleanor Rivera**

"Exploring Characteristics of the Illness Representation Phenotype Among Adults with Chronic Kidney Disease," \$9168. Award year: 2019.

Chronic kidney disease is a growing health problem for older adults in the United States, primarily due to the increase in rates of risk factors such as hypertension and diabetes. Keeping patients in the early stages of chronic



kidney disease is important; delaying progression to the advanced stage of kidney failure can avoid invasive treatment such as dialysis or a kidney transplant. Therefore, the focus of the study for which Dr. Rivera received funding from the Frank Morgan Jones Fund studies illness representations—a patient's understanding of their own diagnosed illness. Every person diagnosed with a chronic illness understands it in a different way, based factors such as their ideas and cultural beliefs about health and wellness, symptoms and major health events, or the experiences of people they know living with this chronic illness too.

With the support of the Frank Morgan Jones Fund, Dr. Rivera is exploring the illness representations of older adults living with chronic kidney disease, and examining factors associated with illness representation. A variety of research techniques are being used to gather data, including collecting surveys, conducing in-depth qualitative interviews, and using existing survey and health data. While the data collection is still ongoing, the information we learn about illness representations of older adults with chronic kidney disease will allow us to plan targeted clinical interventions to keep patients in that early stage and improve the health and wellness of older adults.

#### Paula Roe-Prior

"Predictors of Resource Consumption for Elders with Heart Failure," \$2,500. Award year: 1996.

Paula Roe-Prior, PhD, RN is a health care research consultant, available to perform literature reviews, assist with research study design, provide assistance with basic (regression analysis) data analysis, and prepare study results and review literature for publication.

#### Cynthia Scalzi & Lois Evans

"Organizational Culture in Nursing Homes," \$4785. Award year: 2004

See also: Lois Evans

#### Justine S. Sefcik

"A Mixed Methods Observational Study of Persistent Vocalizations in Nursing Home Residents with Moderate to Severe Dementia," \$10000. Award year: 2015.

Justine S. Sefcik, PhD, RN is a Post-doctoral Research Fellow at Drexel University College of Nursing and Health Professions.

#### **Eugenia L. Siegler**

"Effects of OBRA and a Restraint Reduction Intervention on Psychotropic Drug Use in Nursing Homes," \$5,075. Award year: 1993.

Eugenia L. Siegler, MD is a Professor of Clinical Medicine at Weill Cornell Medical College. Her clinical interests include general inpatient and outpatient geriatric care, aging with HIV, and the effective use of the electronic medical record (EMR). Dr. Siegler is also an associate program director for the Department of Medicine residency program, and she is involved in improvement in quality of care for hospitalized older people.



#### **Diane Smith & Diane Newman**

"Incontinence Control in a Long Term Care Facility." Award year: 1990.

#### **Marianne Shaughnessy**

"Factors Affecting Functional Recovery Following Stroke," \$3624. Award year: 1995.



Dr. Marianne Shaughnessy is the Director for Policy, Practice and Population Health Integration within the Office of Geriatrics and Extended Care at Academy Health. In this role, she is responsible for coordinating activities with other VHA program offices to support improvements in care for Veterans facing the challenges of aging, disability, or serious illness in all care settings regardless of age. She has worked in the VA since 1999. Dr. Shaughnessy has served in key national leadership positions including the President of the Gerontological Advanced Practice Nurses Association and Chair of the Content Expert Panel for development of the first certification examination for Adult/Gerontological Nurse Practitioners offered through the American Nurses Credentialing Center. Her faculty roles have included appointments at the University of Maryland at Baltimore School of nursing and in the Schools of Nursing at the University of Pennsylvania and the University of North Carolina at Greensboro.

Elaine Souder, "Performance of Activities of Daily Living and PET Scan Findings in

Normal Aging and Alzheimer's Disease," \$5,000. Award year: 1989.

Elaine Souder, RN, PhD, is Co-Director of the Hartford Center with the intent of increasing the capacity of nursing to provide expert geriatric care at all levels of educational preparation. She is also a Professor Emerita, College of Nursing, University of Arkansas for Medical Sciences in Little Rock.



#### **Neville Strumpf**

"Qualitative Analysis of Health Care Experiences of Refugee Caregivers and Elderly Family Members in Philadelphia," \$2,000. Award year: 1996.

"Palliative Care in Nursing Homes," \$6,240. Award Year: 2001



Neville Strumpf is an internationally-renowned scholar and educator in geriatric nursing. From her research on the harms of physical restraints in the care of frail older adults, to her decades of teaching at Penn Nursing, Strumpf is a tireless advocate for high-quality elder care.

During her tenure at Penn's School of Nursing from 1982

until her retirement in 2008, she founded and was director of the School's Center of Gerontologic Nursing Research and its Hartford Foundation Center of Geriatric Nursing Excellence. She also served as interim dean of the School, and for 15 years she directed its nationally top-ranked Gerontology Nurse Practitioner Program. Under her leadership and innovative scholarship, Penn Nursing was among the first to integrate gerontology into the undergraduate curriculum. See also: Neville Strumpf and Lois Evans Neville Strumpf and Beth Ann Swan

#### **Neville Strumpf and Lois Evans**

- "A Supplemental Request for Reducing Restraints in Nursing Homes: A Clinical Trial," \$5,000, \$2,000. Award year: 1989.
- "A Feasibility Study for a Program for All-Inclusive Care for the Elderly (PACE) in Philadelphia," \$5,000. Award year: 1996.

Neville Strumpf, PhD, RN, FAAN is Professor of Nursing and Dean Emerita at Penn Nursing, and Lois Evans, PhD, RN, FAAN is Professor Emerita of Nursing, also at Penn Nursing. Through two decades of research, first published in 1988, Drs. Strumpf and Evans showed the emotional and physical harms of being restrained and established a scientific basis for restraint-free care. They testified before Congress, wrote papers, and worked with professional organizations and regulatory agencies to advocate for restraint-free care. By 2000, restraint-free care was widely recognized as the standard of practice, especially in nursing homes. When the American Academy of Nursing developed "Five Things Nurses and Patients Should Question" in 2014 to ensure patients receive necessary but not harmful care, not using physical restraints with older patients was on the list, based on the research by Drs. Strumpf and Evans.

See also: Lois Evans Neville Strumpf

#### Neville Strumpf & Beth Ann Swan

"Interventions for Early Recognition and Management of Delirium in Hospitalized Older Adults: A Meta-Analysis," \$3000. Award year: 2006.

See also: Beth Ann Swan Neville Strumpf

#### **Beth Ann Swan**

"Delirium Screening at the Point of Care: Human Computer Interaction," \$5000. Award year: 2008.



Beth Ann Swan, PhD, CRNP, FAAN, is Professor and most recently served as Dean of the Jefferson College of Nursing at Thomas Jefferson University. Dr. Swan is a fellow of the American Academy of Nursing, past president of the American Academy of Ambulatory Care Nursing, and a 2007-2010 Robert Wood Johnson Executive Nurse Fellow. She is nationally and internationally known for her research and work in health care and nursing. As an expert clinician, she was an early leader in exploring the impact of

changing health care delivery models on outcomes of care.

Research funding from the Frank Morgan Jones Fund supported two of her studies, in 2006 and 2008, respectively. The funding was critical to conduct preliminary research about delirium in hospitalized older adults in order to develop an evidence-based intervention that nurses could implement to decrease delirium. The first study provided the evidence to develop an intervention for nurses to use at the bedside with individuals with delirium and the second study tested the feasibility of incorporating the evidence-based intervention in the electronic health record at the point of care. Using the outcomes from these two studies, Dr. Swan successfully obtained funding from the Agency for Healthcare Quality and Research to conduct the study, *Delirium Screening: From Research to Point of Care.* 

#### **Eileen Sullivan-Marx**

- "Characteristics of Physically Restrained Nursing Home Residents Following Interventions to Reduce Restraint Use," \$3,500. Award year: 1994.
- "Physical Restraint Use Among Hospitalized Older Adults with Hip Fracture: A Feasibility Study," \$5,000. Award year: 1996.
- "A Strategic Plan for Dissemination of Gerontologic Nursing Research through a Consultation Service Model," \$17,546. Award year: 2003.

"The Test-Retest Reliability of Commonly Performed Measures of Physical Performance in Older African American Adult Members of a Program for All Inclusive Care for the Elderly (PACE)," \$7000. Award year: 2009.

Eileen Sullivan-Marx is dean of the New York University Rory Meyers College of Nursing and the Erline Perkins McGriff Professor of Nursing since 2012. She is serving currently as president of the American Academy of Nursing. Prior to NYU, Dr. Sullivan-Marx had a distinguished career at the University of Pennsylvania School of Nursing, where she was the associate dean for practice & community affairs, creating community partnerships for care of older adults and promotion of



healthy activities entitled Healthy in Philadelphia. She is a distinguished nursing leader, educator and clinician known for research and innovative approaches in primary care, testing methods of payment for nurses particularly with Medicaid and Medicare, sustaining models of care using advanced practice nurses locally and globally, and developing health policy in community-based settings. With a strong belief in the integration of practice, research, education, and interdisciplinary team work, Dr. Sullivan-Marx has built and sustained models of team care including a private family practice, growing a Program of All Inclusive Care for Elders (PACE) from 75 persons to 525 persons in five years that saved the state of Pennsylvania fifteen cents on the dollar in Medicaid funding, and launched numerous older adult team programs in academic centers as well as the Veterans Administration. Dr. Sullivan-Marx has been on numerous community planning and advisory boards including the Children's Hospital of Philadelphia's Patient and Safety Board from 2009-2012.

#### **Karen Talerico**

"Correlates of Aggressive Behavioral Actions of Older Adults with Dementia," \$5,720. Award year: 1998.

"The Complexities of Defining Psychoactive Drug Use as a Variable for Research in Older Adults in Institutional Settings," \$2,000. Award year: 1999.

Karen Talerico, PhD, RN is a retired nurse researcher and scientist who specialized in gerontological nursing.

#### **Mark Toles**

"Connect-Home: Transitional care in Skilled Nursing Facilities," \$5000. Award year: 2012.



Mark Toles, PhD, RN, FAAN is an Associate Professor of Gerontology and Systems/Policy/Informatics at The University of North Carolina at Chapel Hill School of Nursing. His expertise is in nursing care of older adults, the quality of care in nursing homes, and transitional care of older adults as they transfer between settings and providers of healthcare. His prior studies have used epidemiological and case study approaches to describe

health outcomes and services for transitioning older adults. In his current research, Dr. Toles continues to develop and test "Connect-Home," a transitional care intervention for older adults as they transition from skilled nursing facilities to home. Dr. Toles is also a co-investigator in studies of comfort care of older adults in nursing homes and cardiac rehabilitation for adults transferring from hospital-based to home-based care.

#### Max Topaz

- "Exploration of Homecare Agency Admission Process for Older Adults: A Qualitative Pilot Study," \$4634. Award year: 2012.
- "Developing a Tool to Support Decisions on Patient Prioritization at Admission to Home Health Care," \$8500. Award year: 2013.

Dr. Maxim (Max) Topaz PhD, RN, MA is the Elizabeth Standish Gill Associate Professor of Nursing at the Columbia University Medical Center. He is also affiliated with Columbia University Data Science Institute and the Center for Home Care Policy & Research at the Visiting Nurse Service of New York. Dr. Topaz's focus is on natural language processing, data and text mining, and big data.



He also has experience in health policy, leadership, and health entrepreneurship. He has published more than five dozen articles focused on making information systems better and safer. Dr. Topaz's clinical experience is in Internal and Urgent Medicine.

#### **Jasmine Travers**

"Access and Use of Programs of All-Inclusive Care for the Elderly (PACE) for Racial/Ethnic Minority Older Adults: A Qualitative Study," \$7500. Award year: 2017.



Dr. Jasmine Travers, PhD, AGPCNP-BC, RN is finishing a postdoctoral fellowship in the National Clinician Scholars Program at Yale Schools of Medicine and Nursing. She was recently awarded a Career Development Award through the Harold Amos Medical Faculty Development Program under the Robert Wood Johnson Foundation. This award will allow Dr. Travers to continue her work in health disparities with funding over four years.

With the funds provided by the Frank Morgan Jones Fund, Dr. Travers was able to conduct a qualitative study which aimed to understand access and use of programs of All-Inclusive Care for the Elderly (PACE) for racial/ethnic minority older adults. PACE, a community-centered, interprofessional model of long-term services and supports for nursing homeeligible older adults, is an effective care model to keep older adults in the community, improve care quality, and delay institutional admissions. Yet, minorities (Blacks and Hispanics) accessing these programs have declined with little information on facilitators and barriers to their access and use of PACE. This study provides information on facilitators and barriers to accessing and using PACE from the perspectives of those who were enrolled in PACE, family members of PACE enrollees, and members of the PACE marketing team. Moreover, the findings are able to add context around accessing an innovative model of healthcare delivery and help healthcare leaders evolve the PACE model to meet the needs of a rapidly-growing minority population.

#### **Doris C. Vallone**

"Perceived Social Climate Factors and Self-Esteem in Residents of Restraint-Free and Restraint-Reduced Nursing Homes," \$5,000. Award year: 1998.

Doris C. Vallone, PhD, RN is an associate professor at Widener University.

#### Miranda Varrasse

"Understanding Sleep and Sleep Disturbances in Nursing-home Eligible Community Dwelling Older Adults: A Mixed Methods Study," \$7500. Award year: 2016.

Miranda Varrasse McPhillips, PhD, RN is a Nursing Research Fellow at Perelman School of Medicine's Center for Sleep & Circadian Neurobiology at University of Pennsylvania as well as a lecturer at Penn Nursing. She says that research funding through the Frank Morgan Jones Fund was integral to her career development as a nursing scientist. The award provided her the resources to complete her dissertation study during her doctoral training at Penn Nursing. She was able to conduct a mixed



methods study that examined sleep and sleep characteristics in 40 nursing-home eligible, community dwelling older adults, an understudied population. The major findings of this study were that few participants reported daytime sleepiness or insomnia symptoms, despite objective nocturnal sleep disruptions and frequent napping during the day. Through in-depth semi-structured interviews, her team also identified modifiable targets for treatment that are guiding the intervention in her current work.

Findings from her dissertation have been disseminated nationally at the annual meeting of the Associated Professional Sleep Societies and in peer-reviewed journals. During her post-doctoral fellowship, she was awarded two pilot funds, another from the Frank Morgan Jones Fund through the Office of Nursing Research Faculty Pilot Grants, that allowed her to pilot test the feasibility of delivering an assistive relaxation therapy intervention to older adults with mild cognitive impairment. Together, her pre- and post-doctoral research, in part funded by the Frank Morgan Jones Fund, positioned her to successfully advance

her career with NIH funding. To address the limitations in the most effective nonpharmacological treatments for insomnia in older adults with mild cognitive impairment, her team is now conducting a randomized pilot study to test a brief (four week), tablet-based, personalized, multicomponent behavioral sleep intervention for insomnia, compared to a sleep education control, in this at-risk group. The findings of the current project will inform future, larger scale clinical trials and may provide a novel and innovative way for older adults with mild cognitive impairment to achieve better sleep and health-related quality of life outcomes.

**Terri Weaver**, "Development of a Measure to Evaluate Functional Status in Sleep Apnea Syndrome," \$5,000. Award year: 1989.



Terri E. Weaver, PhD, RN, FAAN, ATSF is Dean of the University of Illinois at Chicago College of Nursing. She is recognized nationally and internationally for her research on the effect of daytime sleepiness on daily behaviors and assessment of treatment outcomes. Her research career has been honored with many accolades, including induction into the Sigma Theta Tau International Nurse Researcher Hall of Fame. Distinguished as a leader in

nursing education, Dr. Weaver was also elected in 2017 to a two-year term on the board of directors of the American Association of Colleges of Nursing. In 2018, she was named to the first class of fellows of the American Thoracic Society.

As a researcher, Dr. Weaver has been supported with funding from the National Institutes of Health, the National Heart, Lung and Blood Institute and the National Institute of Nursing Research. She has produced two notable disease-specific functional status measures, one for chronic pulmonary disorders and the other for sleep disorders. The latter, the Functional Outcomes of Sleep Questionnaire, has become the gold standard for the evaluation of the impact of treatments for sleep disorders to improve quality of life; it has been translated into 51 languages and used internationally in clinical trials. **Fay Whitney**, "Teaching Principles of Physical Therapy to NPs and Geriatric Fellows," \$2,950. Award year: 1989.



Fay Whitney, PhD, RN, FAAN, served as a faculty member at the University of Pennsylvania School of Nursing and directed the adult nurse practitioner and occupational health programs there for ten years. She is also Professor Emeritus at the University of Wyoming School of Nursing in Laramie. She also established the Whitney Health and Wellness Center, an organization that offers and coordinates clinic-based and home-based assistance to elderly residents. Among other

activities, she serves on several state committees including the Governor's Steering Committee on Telemedicine, the Governor's Advisory Council on Aging, and the Wyoming Higher Education Assistance Authority. An active researcher, she has received more than \$1 million in research grants, co-authored two books, published 42 referenced articles and presented at 72 national and international meetings.

Fang Yu, "Effectiveness of Ambulatory Outpatient Rehabilitation for Cognitively Impaired Elders," \$2,500. Award year: 2003.

Fang Yu, PhD, RN, FGSA, FAAN is a Professor, Adult and Gerontological Health Cooperative at the University of Minnesota School of Nursing. The Frank Morgan Jones Fund had made it possible to obtain statistical consultation for analyzing data for her dissertation study. The results showed that older adults with cognitive impairment benefited similarly from a comprehensive outpatient rehabilitation service to peers with intact cognition, which challenged the prevailing belief and



practice that denied older adults with dementia rehabilitation services. These findings laid the foundation for Dr. Yu's subsequent research of establishing aerobic exercise as a treatment for Alzheimer's dementia for the next 15 years, which culminated in several NIH grants, a brand Approach AD S.A.F.E.ly™ protocol, a book titled "The Alzheimer's Rx: Aerobic Exercise" and published in November 2019, and the FIT-AD<sup>™</sup> Certificate Program which trains exercise providers to use the Approach AD S.A.F.E.ly™ protocol to engage people with Alzheimer's disease in personalized aerobic exercise on an ongoing basis.